

SETTING AND REACHING MY GOALS

Goal setting is a way to work out what you want to achieve in the future. Then you can figure out what you need to do to reach each goal.

THINKING ABOUT THE FUTURE

When selecting studies for Year 11 and 12, it's important to think about what you might like to do in the future.

Types of goals

You can set goals for all kinds of things, including career goals, goals for personal interests, experiences, and the way you want to live your life.

Dahra, Lou and Aki

Dahra, Lou and Aki each have long-term goals that are career related, personal and about how they would like to live. The diagram below shows the medium-term and short-term goals they have set to achieve their long-term goals.

	Short-term goals	Medium-term goals	Long-term goals
 <p>Dahra</p>	Complete VCE with maths and science prerequisites Study VCE Literature: books!	<ul style="list-style-type: none"> » Complete a Bachelor of Engineering » Get paid engineering internships 	<ul style="list-style-type: none"> » Work as an engineer solving problems » Have a stable job » Start a postgraduate degree
 <p>Lou</p>	Complete VCE With VCE VET studies in Business (Cert III)	<ul style="list-style-type: none"> » Get good uni grades » Keep reading » Complete a business or game design degree or a double degree in both or a Diploma of Business then a game design degree. 	<ul style="list-style-type: none"> » Have read 1000 books » Run my own gaming studio » Own a Harley » Work flexible hours » Move out of home
 <p>Aki</p>	Complete VCE VM with Community Service and Health industry pathway	Childhood Education & Care <ul style="list-style-type: none"> » Work in after school program » Look into overseas volunteer programs 	<ul style="list-style-type: none"> » Work with children » Work overseas » Live sustainably with like-minded people

Setting your own goals

Imagine your future

Imagine your life in 10 years and think about what kind of life you would like to be living, including where and how you would like to live, the experiences you would like to have and the kind of job you would like. Don't worry if you can't think of a specific career, but if you can describe an area of interest, or a few ideas, that's a good start. The things you were imagining could be your **long-term goals**.

Ask yourself, which ones are realistic? Discuss this question with a classmate or supporter.

Plot your journey



me

1. Long-term goals

Pick some personal and career long-term goals and add them here...

2. Medium-term goals

What are some medium-term goals that could lead to the long-term goals? Discuss with a classmate or supporter and add them here...

3. Short-term goals

What about the short-term goals you need to achieve before you can obtain your medium-term goals? Discuss and add them here...

When you've completed your journey diagram above, think about and then discuss the following questions with your classmate and/ or supporter.

- Are these goals achievable?
- Are there other short- or medium-term goals you need to set?
- Will you need to prioritise some goals over others?
- Do any of the goals depend upon each other? What are some other ways you can reach your goals?

Key points

- Goals are things you want to achieve in the future
- Goals can be short, medium, or long-term
- Short-term goals can lead to medium-term goals
- Medium-term goals can lead to long-term goals
- Setting goals can help you work out what to do next